

# Clinton Township School District

## *Plan for Chapter 27 Emergency Virtual or Remote Instruction Programs*



Johanna S. Ruberto, *Interim Superintendent*

Mark Kramer, *Interim Business Administrator*

### **Administrative Team**

Mrs. Joanne Hinkle, Director of Special Projects

Ms. Alexa Ingram, Director of Special Services

Mr. Luke Mason, Clinton Township Middle School Acting Principal

Mrs. Mary Postma, Round Valley School Principal

Mrs. Melissa Goad, Patrick McGaheran School Principal

Mrs. Jennifer Paccione, Supervisor of Instruction, Data & Assessment

Approved by the Clinton Township Board of Education  
September 27, 2021

Approved by NJDOE  
October 26, 2021

## **Introduction:**

Clinton Township School District opened the 2021 - 2022 school year with an in person model of instruction. Identifying the reopening plan has been the first priority as is the health and safety of our students. The District will maintain emerging information as it relates to data to guide us with immediate decisions.

This document contains plans for Virtual/Remote Instruction, should the district be required or compelled to be remote and offer instruction through a virtual platform. Remote Instruction will occur per the NJDOE in the event that our district must close the schools for more than three consecutive days, due to a declared state of emergency, a public health emergency or a directive by the appropriate health agency or officer, to institute a public health related closure.

This plan addresses the needs of all our students as individuals and identifies the needs of our faculty and staff. All students in the school district have been issued a device for instructional use. A review of device needs and access to the Internet was completed during the 2020 - 2021 school year and all families have access and devices. The district provides for technical support for families, students, and staff through a tech ticket system to manage and monitor technology inquiries.

At the time of this report, our remote instruction plans maintain the full day schedule for instruction that currently exists.

Per the NJDOE, the following applies to this remote instruction plan:

- If a program of virtual or remote instruction is implemented for the general education students the same educational opportunities shall be provided to [the special education students, to the extent appropriate and practicable. Speech language services and counseling services may be delivered to special education students through the use of electronic communication or a virtual or online platform, as appropriate] students with disabilities.
- Special education and related services, including speech language services, counseling services, physical therapy, occupational therapy, and behavioral services, may be delivered to students with disabilities through the use of electronic communication or a virtual or online platform and as required by the student's Individualized Education Program (IEP), to the greatest extent practicable.
- In the event that the State or local health department determines that it is advisable to close or mandates closure of the schools of a school district due to a declared state of emergency, declared public health emergency, or a directive by the appropriate health agency or officer to institute a public health-related closure, the superintendent of schools shall have the authority to implement the school district's program of virtual or remote instruction.
- The superintendent shall consult with the board of education prior to such decision if practicable. The superintendent shall ensure that students, parents, staff, and the board of education or boards of education are informed promptly of the superintendent's decision.

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# Goals

- To provide remote/virtual instruction in an equitable manner.
- To provide a virtual learning environment for all students and staff in the event of a district wide transition to remote/virtual instruction.
- To provide our entire educational community with health and safety standards beyond the minimum standards as identified by the CDC and with the mandated requirements and considerations as identified in guidance from the New Jersey Department of Education.
- To continue to provide our children with an environment that offers support for their emotional and social well-being and development.
- To decrease risk of exposure to the COVID virus.
- To be prepared to respond to all announced guidelines and emergent situations.
- To maintain information through continuous communication.
- To offer a structure to respond to the changing situations and current information by district, school and the individual members of our community.
- To ensure all health-risk safeguards, case by case, are equitable for individuals offering specific health risks.

## Required Information, Sections 1 through 5:

- 1. Meals:** Meal distribution will be available through the district's contracted food service vendor at the Clinton Township Middle School. All families are eligible for free meals during the 21-22 school year and during a districtwide closure, all families have the option to pick up school lunches from the district's central distribution point. Specific schedules will be shared with families outlining pick up times and traffic flow for distribution.
- 2. Schedule or Instructional Plan:** CTSD will maintain full day schedules during any period of remote instruction unless there is a scheduled professional development afternoon planned or another significant disruption to our schedules.
  - a. Building schedules are included within the plan.
  - b. Instructional Platforms that will be utilized are Google Classroom and SeeSaw. Students will attend virtual instruction using Zoom or Google Meet as the delivery method. The district has subscriptions for all of these programs.
  - c. Student emails have been opened for students to have email communication with the teaching staff.
  - d. Student absences are coded according to NJDOE guidance in PowerSchool.
  - e. District policy provides additional time for turning in assignments and completing work when students are absent for vacation or non-illness related issues. (BOE Policy 5200)
  - f. No in person field trips during the 2020-21 school year.

- i. Virtual field trips are permitted and highly encouraged.
- g. No outside groups in the building or using the fields.
- h. PTA and any large in person gatherings are canceled/virtual until further notice.
  - i. Virtual versions of events may be considered.
- i. Extra-Curricular activities/clubs will be virtual and schedules will be provided.
- j. Music experiences may be implemented through a virtual model.
- k. Sports information will be updated and announced through the parent alert system.
- l. Standardized testing may take place as per NJDOE requirements as all students have a district issued device and may participate in any remote testing.
- m. Benchmark testing will take place as originally planned throughout the course of the school year.
- n. NJTSS programs will remain intact during remote instruction.
- o. Response to Intervention programs will proceed as normal during remote learning.
- p. Enrichment, Resource Room and Math and Literature Support programs will continue during remote learning.
- q. ELL programs will be followed by the district ELL Instructor and address the needs of each child during their academic day.

**3. Digital Divide:** During the course of the 2020 - 2021 school year, and as of March of 2019, the district took steps to survey and determine the need for district provided devices and Internet access for families. While many families opted to use personal devices, the district implemented a 1:1 device program. Devices were procured over the course of the end of the 2019 and first half of the 2020 - 2021 school year. Internet access was also surveyed and it was reported that all families had access to the Internet through a variety of services.

- a. Device Distribution took place in September, for all students in grades Pre-K through eighth grade. Students received a device, case and charger.
- b. Instructional Materials will be sent home at the time of any notification of a school closure. In the event of an unanticipated closure, arrangements will be made to allow families to pick up materials at our buildings.
- c. Family Surveys were resolved in 2020.
- d. Grant monies were procured through the NJDOE to address additional device purchases.

**4. Communication:** Clear and consistent communications with stakeholders are vital to successful implementation. The CTSD District Advisory Committee is a representative body comprised of staff, administrators, parents and other stakeholders. This group meets throughout the year to review and provide feedback regarding district plans.

- a. School Messenger is the system used to provide alerts and notifications to families and faculty/staff.
- b. Parents may request technical assistance through [parenthelp@ctsdnj.org](mailto:parenthelp@ctsdnj.org).
- c. Staff may request technical assistance by submitting a ticket through Spiceworks [here](#).

## Methods of Communication

Type	When	Who	What
School Messenger	All alerts and timely information	Darrin Daniello Roger Miller Kathy Maxton	Surveys Alerts
Email	Respond to inquiries from parents and staff	Admin	
Website	Share information	Carmella Shaw - Website Manager	
Phone Calls	Anytime personal touch is needed	Admin	Invites, responses to correspondence
Clinton Township Newsletter	Monthly	Superintendent & Building Principals	Keep Clinton Township community updated on school happenings
Video conferencing/ Virtual Meetings	As needed	All staff members	Meetings, instruction, small groups, socialization
School Newsletters	Weekly & Monthly	Building principals & Teaching Teams	Information updates

### School Counselors

*Available during school hours for in-person talks; phone calls; texts; emails; video conferencing*

Carole Frey [cfrey@ctsdnj.org](mailto:cfrey@ctsdnj.org)  
 Christina Giordano [cgiordano@ctsdnj.org](mailto:cgiordano@ctsdnj.org)  
 Greg James [gjames@ctsdnj.org](mailto:gjames@ctsdnj.org)  
 Kerry Mueller [kmueller@ctsdnj.org](mailto:kmueller@ctsdnj.org)  
 Alex Ruttenberg [aruttenberg@ctsdnj.org](mailto:aruttenberg@ctsdnj.org)

- 5. Professional Development:** The Clinton Township School District will provide the staff with opportunities for professional development, planning, and a guided review of the adaptive protocols within each school. The needs for each employee will be individualized to address accommodations and medical conditions. When making staffing scheduling and assignments, our District will comply with all applicable employment laws including but not limited to the American Disabilities Act (ADA), FMLA, Cares Act and Accountability Act (HIPAA), and all applicable state law. Continuous consultation with the Clinton Township Educational Association and the Clinton Township Administrators Association has been completed.
- a. CTSD maintains three websites.
    - i. “ctsdnj.org” is the main district website and the main hub of information for families as well as a direct link to teacher pages.

- ii. The “Internal Staff” website is the location for resources for staff.
- iii. The “CTSD PD” website is a training site for staff with tutorials for instructional programs.

## **Additional Considerations**

- **Attendance**

During any period of remote learning, attendance will be taken by the teachers. Teachers will record attendance in PowerSchool as present or absent or another appropriate code. Each building will monitor student attendance to meet requirements for the school year. Parents will be notified of an increase or noted pattern of attendance as needed. Procedures as related to reporting of students that are absent due to illness, will be followed. Absent students require notification to the school Early Alert system.

- **Grading**

Students will be graded during remote learning periods following a typical pattern that will include formative and summative assessment. Grades will be uploaded into PowerSchool and available to view through the Parent Portal. Assignments will have assigned due dates and follow district policy.

- **Special Education & Related Service Delivery**

As part of the District’s plan to ensure the delivery of special education and related services to students with disabilities, we will continue to meet our obligations to students with disabilities to the greatest extent possible. Specific strategies and considerations for students with disabilities have been and continue to be critical points of discussion for every remote or virtual scenario. The District Response Team will continue to review information and guidance from the NJDOE and any additional guidance from the United States Department of Education (USDE) on implementation of the Individuals with Disabilities Education Act (IDEA).

All special education and related services continue to be delivered in alignment with IEP goals and objectives regardless of the instructional format meaning virtual or in person where applicable and allowable in alignment with Executive Orders and local decisions. Changes in schedules and groupings may vary when virtual instruction is in place. Individual student services will be reviewed and continually monitored by Child Study Team members, Special Education staff, and Administration in collaboration with families of students with disabilities to ensure progress oriented and needs based plans. Child Study Team members are available during the school day via email or telephone. All timelines will be honored per CST processes. Parents will be notified of virtual meeting times.

Where permissible and in alignment with NJDOE and NJDOH health and safety guidance and procedures, during any virtual instruction period, the Clinton Township School District will make available in person services on an individual basis. When allowable, all mitigation measures to prevent the spread of illness will be utilized and may require additional measures per NJDOH and NJ DOE requirements. Local data, CALI scores, and orders by the State of NJ may prohibit the provision of any in person services for individuals with disabilities.

- **Mental Health**

The Clinton Township School District formally approved a district goal for the 2021 - 2022 school year, focused upon the support systems for the students, faculty and staff. Utilizing an infrastructure, both formal and informal, with the staff, counselors, and communication with parents and guardians, group and individualized services will be determined and offered. The district uses the following programs:

- Lifelines, grades 6 - 8
- Character Strong
- Responsive Classroom
- Additional SEL related programs and information

- **Technology**

The District uses Chromebooks (HP, Acer & Dell) and has approximately 1300 devices in house at this time. The District also uses Ipads, tablets, MacBooks and assorted specific devices for use with pre-school children and for our related services providers and staff.

Each of our buildings has a bandwidth of 1 GB. Based upon a recent survey of families, 100% of our student households have connectivity. All students have devices for educational purposes.

The Tech department is responsible for Systems Management, led by Darrin Daniello, Data Management, led by Kathy Maxton and managing technology issues with Roger Miller. The department also maintains the District subscriptions, SIS (Student Information System - PowerSchool) and maintenance of devices, sound field systems, the Tech Help Desk and responds to all staff and student technology issues.

The district maintains our regular school website as the main source of communication, a district Professional Development training site as well as an Internal staff website. Tutorials, postings, and general information are located here.

The last year has taught us the efficiency of virtual meetings. The District will utilize the following resources for meetings:

- Zoom
- Google Meet
- GoGuardian Conferencing

Student emails are also a source for communication between students and teachers. Some of our many resources are listed in the following links:

- [\*21/22 Approved Instructional Materials\*](#)
- [\*21/22 Approved Mentor Text List\*](#)
- [\*21-22 Approved CST Instructional Materials\*](#)
- [\*Digital Resource List\*](#)

Additional academic resources will include:

- Newsela in ELA, Science, Social Studies for CTMS



- EdPuzzle - Interactive video lessons
- FlipGrid - Video message boards
- SeeSaw - digital portfolio
- Literably - ELA benchmark assessment, K-5 delivered remotely option
- MobyMax - ELA & Math benchmarks as well as skill reinforcement with independent practice, all content areas
- Smart Music Software - CTMS music instruction
- Equatio - CTMS math equation editor
- KAMI - CTMS pdf editor
- BrainPop - content area videos
- Discovery Education Streaming Plus
- PBL Project - Problem Based Learning units
- IDE- My Q Portal - Problem Based Learning units, Hybrid learning tools
- Enchanted Learning
- Gizmos
- Accelerated Reader
- Reading A-Z, Raz Kids
- Screencastify (recorded lessons and videos)
- WeVideo
- PebbleGo
- All of the “G Suite” including add ons, such as Pear Deck

The District does employ a web filter and also uses GoGuardian, and GoGuardian Teacher, which allows our staff to monitor student Internet use in real time, and to message them during use. It also acts as a filter to screen out visits to inappropriate sites based on keywords. Notifications of such searches are sent to district administrators, who in turn, will notify families.

**Patrick McGaheran School  
Full Day Schedule  
2021-2022**

Second Grade		First Grade		Kindergarten		Preschool-Half Day	
8:35-8:55	Arrival	8:35-8:55	Arrival	8:35-8:55	Arrival	8:55-11:25	AM Session
8:55-9:00	Homeroom	8:55-9:00	Homeroom	8:55-9:00	Homeroom	12:45-3:15	PM Session
9:00-9:25	Morning Mtg	9:00-9:30	Morning Mtg	9:00-9:30	Morning Mtg		
9:25-9:55	Unified Arts	9:30-10:00	Academics	9:30-10:15	Academics		
9:55-10:35	Academics	10:00-10:30	Unified Arts	10:15-10:35	Academics	Preschool-Full Day	
10:35-11:15	Academics	10:30-11:20	Academics	10:35-11:05	Unified Arts	8:55-11:30	Academics
11:15-11:35	Extensions/ Recess	11:20-11:50	Lunch-Gr 1	11:05-11:45	Academics	11:35-12:05	Lunch-PreK
11:35-12:15	Academics	11:50-12:30	Academics	11:45-12:05	Extensions/ Recess	12:05-2:30	Academics
12:15-12:35	Extensions/ Recess	12:30-1:10	Academics	12:05-12:35	Lunch-Gr K	12:05-2:30	Academics
		1:10-1:25	Academics			2:30-3:15	Academics
12:35-12:50	Academics	1:25-1:55	Unified Arts	12:35-12:55	Extensions/ Recess	3:15-3:35	Dismissal
12:50-1:20	Lunch-Gr 2	1:55-2:25	Academics	12:55-1:30	Academics		
1:20-2:10	Academics		Extensions/ Recess	1:30-2:00	Academics		
2:10-2:35	Academics	2:25-2:45		2:00-2:30	Unified Arts		
2:35-3:05	Unified Arts		Extensions/ Recess	2:30-3:05	Academics		
3:05-3:15	Academics	2:45-3:05		3:05-3:15	Academics		
3:15-3:35	Dismissal	3:05-3:15	Academics	3:15-3:35	Dismissal		
		3:15-3:35	Dismissal				

**Round Valley Elementary School  
Full Day Schedule  
2021-2022**

<b>Grade 3</b> Barton K. Hill & McRae C. Hill Kirk & Shea Mooney Philips	<b>Grade 4</b> Team A Homerooms of Black & Mann Jordan Simonelli & Russomano Ferri Dmuchowski	<b>Grade 4</b> Team B Homerooms of McGregor Murphy Topping	<b>Grade 5</b> Team A Homerooms of Major Rockafellow Rolak & Nish	<b>Grade 5</b> Team B Homerooms of Friedel Johnson & Kilroy Lovering Powell
8:30-8:50 Arrival	8:30-8:50 Arrival	8:30-8:50 Arrival	8:30-8:50 Arrival	8:30-8:50 Arrival
8:50-9:10 Morning Meeting	8:50-9:10 Morning Meeting	8:50-9:10 Morning Meeting	8:50-9:10 Morning Meeting	8:50-9:10 Morning Meeting
9:10-10:10 Academics	9:10-10:10 Academics	9:10-10:10 Academics	9:10-10:10 Unified Arts	9:10-10:10 Unified Arts
10:10-11:10 Academics	10:12-11:12 Unified Arts	10:12-11:12 Unified Arts	10:12-11:43 Academics	10:12-11:12 Academics
11:13-11:43 Lunch	11:13-11:43 Academics	11:13-11:43 Academics		11:13-11:43 Academics
11:45-12:15 Extensions	11:45-12:15 Academics	11:45-12:15 Extensions	11:45-12:15 Lunch	11:45-12:15 Lunch
12:15-12:43 Academics	12:16-12:46 Lunch	12:16-12:46 Lunch	12:17-12:46 Academics	12:17-12:46 Extensions
12:43-1:13 Academics	12:48-1:18 Extensions	12:48-1:18 Academics	12:47-1:16 Extensions	12:47-2:15 Academics
1:18-2:18 Unified Arts	1:19-1:39 Recess	1:19-1:39 Recess	Academics 1:17-2:15	
2:20-2:40 Recess	1:40-2:40 Academics	1:40-3:10 Academics	Academics 2:15-2:45	Academics 2:15-2:45
2:40-3:10 Foundations	2:40-3:10 Academics		2:47-3:07 Recess	2:47-3:07 Recess
3:10-3:30 Dismissal	3:10-3:30 Dismissal	3:10-3:30 Dismissal	3:10-3:30 Dismissal	3:10-3:30 Dismissal

**Clinton Township Middle School  
Full Day Schedule  
2021-2022**

**CTMS Extended Lunch Master Schedule with Mask Break 2021-2022**

6th Grade		
HR	7:55-8:00	5
Hawk	8:02-8:29	27
6.1Period 1 UA1	8:31-9:08	37
6.2Period 2 UA2	9:10-9:47	37
Mask Break (Begins in pd 2 location)	9:47-9:57	10
6.3Period 3	9:59-10:51	52
6LLunch	10:53-11:38	45
6.4Period 4	11:40-12:32	52
6.5Period 5	12:34-1:26	52
6.6Period 6	1:28-2:20	52
	Total Minutes	
	Total UA	74
	Total Core	208
	Total Travel	16
	Total	385

7th Grade		
HR	7:55-8:00	5
Hawk	8:02-8:29	27
7.1Period 1	8:31-9:23	52
Mask Break (Begins in pd 1 location)	9:23-9:33	10
7.2Period 2	9:35-10:27	52
7.3Period 3	10:29-11:21	52
7.4Period 4	11:23-12:15	52
7.5Period 5 UA1	12:17-12:54	37
7LLunch	12:56-1:41	45
7.6Period 6 UA2	1:43-2:20	37
	Total Min.	
	Total UA	74
	Total Core	208
	Total Travel	16
	Total	385

8th Grade		
HR	7:55-8:00	5
Hawk	8:02-8:29	27
8.1Period 1	8:31-9:23	52
8.2Period 2	9:25-10:17	52
Mask Break (Begins in pd 2 location)	10:17-10:27	10
8.3Period 3 UA1	10:29-11:06	37
8.4Period 4 UA2	11:08-11:45	37
8LLunch	11:47-12:32	45
8.5Period 5	12:34-1:26	52
8.6Period 6	1:28-2:20	52
	Total Minutes	
	Total UA	74
	Total Core	210
	Total Travel	16
	Total	385

## Additional Resources & Contacts

### Primary Contacts

Area	Lead	Contact Information
Health, Guidance, & Special Services	Alexa Ingram	aingram@ctsdnj.org
Safety	Mary Postma	mpostma@ctsdnj.org
Curriculum	Joanne Hinkle	jhinkle@ctsdnj.org
Technology	Joanne Hinkle	jhinkle@ctsdnj.org
Instruction, Data, Assessment	Jennifer Paccione	jpaccione@ctsdnj.org
Registration/Withdraw/HomeSchool	Carmella Shaw	cshaw@ctsdnj.org
<b>Building Specific Information</b>		
PMG (PreK-2)	Melissa Goad	mgoad@ctsdnj.org
RVS (3-5)	Mary Postma	mpostma@ctsdnj.org
CTMS (6-8)	Luke Mason Judith Hammond	lmason@ctsdnj.org jhammond@ctsdnj.org

### Support Resources

#### **School Counselors**

*Available during school hours for in-person talks; phone calls; texts; emails; video conferencing*

Carole Frey	<a href="mailto:cfrey@ctsdnj.org">cfrey@ctsdnj.org</a>
Christina Giordano	<a href="mailto:cgiordano@ctsdnj.org">cgiordano@ctsdnj.org</a>
Greg James	<a href="mailto:gjames@ctsdnj.org">gjames@ctsdnj.org</a>
Kerry Mueller	<a href="mailto:kmueller@ctsdnj.org">kmueller@ctsdnj.org</a>
Alex Ruttenberg	<a href="mailto:aruttenberg@ctsdnj.org">aruttenberg@ctsdnj.org</a>

#### **Child Study Team Members**

*Available during school hours for in-person talks; phone calls; texts; emails; video conferencing*

Kathy Collins	<a href="mailto:kcollins@ctsdnj.org">kcollins@ctsdnj.org</a>
Dianne Flanigan	<a href="mailto:dflanigan@ctsdnj.org">dflanigan@ctsdnj.org</a>
Allison Lefebvre	<a href="mailto:alefebvre@ctsdnj.org">alefebvre@ctsdnj.org</a>

## Board of Education Office Directory 2021-22

Round Valley School  
128 Cokesbury Rd., Lebanon, NJ 08833  
Phone: 908.236.7235 Fax: 908.238.7645

Last Name	First Name	Position	Phone Number / Ext Cell Phone Number
<b>SUPERINTENDENT'S OFFICE</b>			
Ruberto	Johanna	Interim Superintendent	Phone: 908-236-7325 x 519
<b>Business Administrator's Office</b>			
Kramer	Mark	Business Administrator	Phone: 908-236-7325 x 515
Stokes	Marianne	Payroll Coordinator	Phone: 908-236-7325 x 522
Cantelmi	Claudia	Human Resource Coordinator	Phone: 908-236-7325 x 512
Schultz	Shari	Accounts Payable Coordinator	Phone: 908-236-7325 x 511
LaFevre	Michele	Business Administrator's Assistant	Phone: 908-236-7235 x 514
Shaw	Carmella	Coordinator of Communication, Central Registration and Student Transportation	Phone: 908-236-7235 x 521
<b>Technology</b>			
Joanne	Hinkle	Director of Special Projects	Phone: 908-236-6341 x 306
Jennifer	Paccione	Supervisor of Instruction Data and Assessment	Phone: 908-236-6341 x 315
Daniello	Darrin	District Technology- Systems Manager	Phone: 908-236-7325 x 555
Maxton	Kathy	District Technology- Data Manager	Phone: 908-236-7325 x 530
Miller	Roger	District Technology - District Technician	Phone: 908-236-6341
<b>Buildings and Grounds</b>			
Bolognini	Frank	Supervisor of Building & Grounds	Phone: 908-236-7325 x 524

## **Out-of-District Supports (This is general information offered to the at-large community)**

### **Professional Resources**

Hunterdon Behavioral Health  
(24-hours)

Hunterdon Medical Center,  
Flemington, NJ

(908) 788-6401

Mobile Crisis (24-hours)

(908) 788-6400

GSAAP - Anxiety Disorders Clinic

Piscataway, NJ

(732) 445-5384

Oldwick Associates

Oldwick, NJ

(908) 439-3456

Hunterdon Helpline (24-hours)

908-782-HELP (4357)

1-800-272-INFO (4630)

[www.hunterdonhelpline.org](http://www.hunterdonhelpline.org)

Family Crisis Intervention Unit

Flemington, NJ

(908) 788-6401

Sharon Rausenberger

Bloomsbury, NJ

(908) 479-1113

Katharine Bergacs

Flemington, NJ

(908) 751-1208

<http://www.myplaceforpeace.com>

SAFE in Hunterdon

Flemington, NJ

908-788-7666

888-988-4033 (24-hour service)

[www.safeinhunterdon.org](http://www.safeinhunterdon.org)

Dee Wright, MSW, LSW, LCADC

Flemington, NJ

(908) 328-4307

Susan Blackwell-Nehlig, PsyD

Flemington, NJ

(908) 303-6298

Tri-County Resources

(Warren, Hunterdon, and Somerset)

[www.TriCountyResourcesNet.org](http://www.TriCountyResourcesNet.org)

Catholic Charities

Barbara Rouskas

Flemington, NJ

(908) 782-7905

Kit Riley, Ph.D., MSW

Karen Steifel, CSW

Martha McDougal, LCSW

Flemington, NJ

(908) 788-9401

Carrie Genovisi

Flemington, NJ

(908) 616-1182

Lori Rayner-Grossi

Clinton, NJ

(908) 730-7608

(908) 246-2008

Dr. Charwin

Frenchtown, NJ

(908) 507-8429

Stress Management Counseling  
Center  
Clinton, NJ  
(908) 235-8337  
www.stressmgmtcounseling.com

Karin Gruss, MSW, LCSW  
Clinton, NJ  
(908) 343-0073  
(908) 364-5552

Douglas Haymaker, PhD  
Stephanie Haymaker, PhD  
Bridgewater, NJ  
(908) 429-9300

Anne Picardo, LCSW  
Pottersville, NJ  
(908) 439-3340

Jeffrey Harrison  
Nancy Hickey Harrison, PsyD  
Flemington, NJ  
(908) 788-4048

Michael Prezioso  
Clinton, NJ 08809  
(908) 735-0097

Affiliates in Clinical Services  
Phillipsburg, NJ  
(908) 454-7244

Kimberly Leatherdale, LPC, ATR  
Somerset Area  
(908) 256-4479

Carol Fischbach, LCSW  
Clinton, NJ  
(908) 638-6625

Kristin Kuehner Ravo, LCSW  
Long Valley, NJ  
(908) 876-8764

Janine Padula  
HOPE Counseling Services, Inc.  
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**Horizon Blue Cross Blue Shield Resources** [https://doctorfinder.horizonblue.com/dhf\\_search](https://doctorfinder.horizonblue.com/dhf_search)



## **Self Care Resources**

Mindful Teachers

<http://www.mindfulteachers.org/p/self-care-resources.html>

American Psychological Association

<https://www.apa.org/pi/about/publications/caregivers/consumers/taking-care-you>

American Counseling Association Mental Health Resources

<https://www.counseling.org/knowledge-center/mental-health-resources/>